



PACKING FOR UNIVERSITY

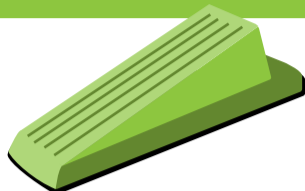


Getting you ready for **University!**

When you start out at uni, you want to make sure you have everything you need to make your new life as comfortable as possible. You have your toothbrush, clean pants and phone charger, what else should you pack? UEA students **George, 3rd Year Medicine**, **Sam, 3rd Year Media Studies** and **Becca, 2nd Year International Development**, have put their heads together and come up with a list of essentials:

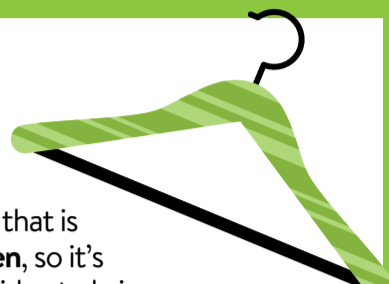
BEDROOM BASICS

DOORSTOP



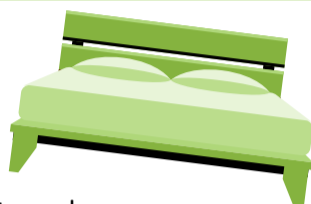
You would never think to bring one, but lots of students use them to keep their bedroom door open when they move in. It's so people can come and say hi! **A great way to make friends.**

HANGERS



It's something that is **often forgotten**, so it's always a good idea to bring your own. Just in case.

MATTRESS TOPPER



Bring one of these to make sure you get **good sleep**. If your mattress is excessively lumpy, let maintenance know, they're really helpful and might get you a new one!

STORAGE BOXES



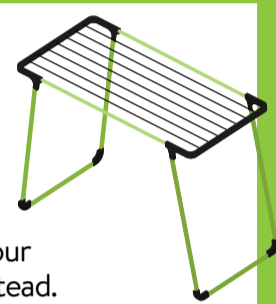
You want to make the most of your space and these give you extra storage under your bed or at the top of your wardrobe, which also makes your **room look tidier**.

EXTRA LIGHTING



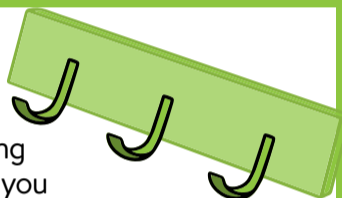
The desks in your rooms may come with overhead lighting, but an extra desk light for those **late-night study sessions** is useful.

CLOTHES HORSE



There's a launderette on campus, but you can **save money** by drying your clothes in your room instead.

HOOKS



Perfect for hanging jackets or towels, you can get hooks that hang over the door so there's **zero drilling involved!**

ORNAMENTS



Put your own stamp on your bedroom by bringing posters, plants and ornaments. Hang photos of the people you love to **remind you of home**.

SPEAKER



Music is a must, so make sure you have a speaker for your bedroom. But please be mindful of your neighbours!

WALL CALENDER



This will help you **stay organised** and see everything laid out in front of you. Your schedule might change, so get a calendar you can wipe clean, as you'll need to make updates.

KITCHEN MUST-HAVES

KITCHEN APPLIANCES



You'll get this info before arriving at uni, but the kitchen isn't stocked with some everyday appliances. **A kettle, iron**, or even an **extra toaster** can be good to bring with you. Speak to your new flatmates before packing to decide who brings what. Most universities will have a Facebook group that you can join for your accommodation, so you can chat to your new roomies before you arrive.

UTENSILS



You'd be surprised how many utensils you'll need when you're cooking for yourself. Don't forget a potato masher, a good spatula and tongs – **all essential for student meals!**

TUPPERWARE



Student cooking means a LOT of pasta. When you're **bulk cooking**, store your food in Tupperware. It can also double up as a lunchbox.

CUTLERY AND CROCKERY



You will need to provide your own cutlery and crockery. Pick items with different colours or unusual designs, so you can easily tell them **apart from your flatmates!** Don't worry if you forget anything, UEA runs a pots and pans sale on campus, so you can always grab anything you've missed!

REUSABLE CUP



Perfect for studying in the library, coffee dates in the walks to class when you're in **dire need of caffeine!**

A REUSABLE SHOPPING BAG



Keep a few in the kitchen so you can **avoid using plastic** and **do your bit** for the environment!

HEALTH ESSENTIALS

MEDICATION



It's good to think ahead and bring any medication you might need in case you're ever **feeling under the weather**. There is also a pharmacy on campus where you can pick up anything extra you may have forgotten.

SANITARY PRODUCTS



There's a shop on campus but bring **whatever you use so you're not caught short**. Whether it's a menstrual cup, pads or tampons, stock up your bathroom!